## **Curriculum Vitae (2018)**

Amy O'Neill

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# **Education**

PhD Candidate: Clinical Psychology, Queen's University (ongoing)

Dissertation title: Maternal Attitudes and Temperament in Infancy and Early Childhood

Master of Science: Psychology, Queen's University (2010 – 2012)

Thesis title: Similarity and Ingroup Bias in Toddlers.

Bachelor of Arts (Hon.): Psychology, York University, Glendon Campus (2005-2010)

Thesis title: Parental Conflict, Social Support, and Adult Attachment.

## **Clinical Experience**

**Boniferro & Associates** 

Psychological and

**Psychoeducational Services** 

**Role:** Psychometrist & Consultant

**Client group:** Children and adolescents from remote First Nations

communities in northern Ontario

2016 – present

**Activities:** 

Supervisor:

Dr. Tom Boniferro, C. Psych.

• Conduct psychological assessments for neurodevelopmental and mental health referrals (intake, administration, interpretation, report, and feedback)

• Consult with school staff, child protection workers, children, and parents

regarding behavior, mental health, and developmental concerns

**Belong Classroom** 

(Section 23)

Role: Classroom Assistant

Client group: Children with diagnosed attachment disorders enrolled in

Section 23 classroom: Belong Program

Supervisor:

2015

Dr. Sian Phillips, C. Psych.

**Activities:** 

• Supervise and support classroom activities, assist students with emotion

regulation and support social interaction using Dyadic Developmental

Psychotherapy techniques

### **Queen's Psychology Clinic**

**Role:** Psychometrist (2017-18), Practicum student (2015-16)

2015-2018

Supervisor:

Dr. Tess Clifford, C. Psych.

**Client group:** Infants, children, adolescents, and adults from the community, including children and adolescents in the care of Family and Children's Services

#### **Activities:**

- Conduct psychological assessments for neurodevelopmental referrals (intake, administration, interpretation, report, and feedback)
- Consult with clients, families, and professionals regarding behavior management and mental health support
- Provide individual therapy including CBT and ACT techniques
- Lead workshops in the community: "Supporting Children with Trauma" (for Camp Outlook staff), "Self-Care" (for students at Holy Cross High School)

## Dual Diagnosis Consultation Program, Queen's Dept. of Psychiatry

2016-2017

Supervisors:

Dr. Jessica Jones, C. Psych. Dr. Patricia Minnes, C. Psych.

Role: Assessor & Therapist (2017), Practicum student (2016)

**Client group:** Children, adolescents, and adults with co-morbid neuro-developmental and mental health diagnoses

#### **Activities:**

- Co-facilitate DBT-based group therapy for adults diagnosed with ID
- Conduct pre- and post- assessments (semi-structured interview) with caregivers and adults enrolled in DBT groups for the purpose of program evaluation
- Conduct psychological assessments for neurodevelopmental referrals (intake, administration, interpretation, report, and feedback)
- Provide individual therapy for adolescents and adults
- Consult with parents and group home staff regarding behavior management plans
- Participate in interdisciplinary team meetings and case conferences

#### **Maple Family Health Team**

**Role:** Practicum Student

Supervisor:

2016

Dr. Su Buchanan C. Psych

Client group: Children and Adolescents

- Provide individual therapy including CBT and ACT techniques
- Consult with caregivers and community organizations, including Kingston Police Force, Children's Aid Society, Pathways for Children and Youth, Sexual Assault Centre Kingston, and Limestone District School Board
- Participate in interdisciplinary team meetings and case conferences.

# Pathways for Children & Youth, Autism Program

**Role:** Psychometrist

2015

**Client group:** Children with ASD diagnoses who participate in or have applied to receive Intensive Behavioral Intervention (IBI)

Supervisor:

**Activities:** 

Dr. Petra McDowell, C. Psych.

• Conduct neurodevelopmental assessments for children to determine eligibility for IBI and monitor progress while enrolled in the IBI program (intake, administration, interpretation, report, and feedback)

## Child Development Centre, Hotel Dieu Hospital

**Role:** Practicum Student

Client group: Children

2015

**Activities:** 

Supervisor:

• Conduct psychological assessments for neurodevelopmental and mental health referrals (intake, administration, interpretation, report, and feedback)

Dr. Christine Wasson, C. Psych.

• Consult with other professionals for early intervention (e.g., Speech &

Language Pathology, Occupational Therapy, school staff)

## Child and Adolescent Therapy Service

**Role:** Volunteer therapist

Client group: Children and Adolescents

2015

**Activities** 

Supervisor: Dr. Susan Meyers, C. Psych.

• Provide individual therapy for mental health referrals using ACT, CBT, and Family Systems techniques

• Consult with parents and school staff regarding behavior management and mental health support for children

## Seniors Mental Health, Providence Care

**Role:** Practicum Student

2015

Client group: Seniors, inpatient and outpatient

Supervisor:

**Activities:** 

Dr. Lindy Kilik, C. Psych.

• Conduct neuropsychological assessments for outpatient and inpatient clients experiencing cognitive and/or behavioral challenges associated with aging (intake, administration, interpretation, report, and feedback)

• Participate in interdisciplinary team meetings and case conferences

• Create behavioral care plans for residents of the inpatient ward

• Consult with families and nursing staff regarding needs of clients at various stages of dementia

Child and Adolescent Psychiatry, Hotel Dieu Hospital **Role:** Practicum Student

Client group: Children, Adolescents

2014

**Activities:** 

Supervisor:

• Conduct psychological assessments for neurodevelopmental referrals (intake, administration, interpretation, report, and feedback)

Elizabeth de Grace,

- Provide individual therapy with adolescents using CBT techniques
- Psych. Assoc. Consult with parents and school staff for behavior management, mental health support, and learning issues.

• Participate in interdisciplinary team meetings and case conferences.

Queen's Psychology Moose Factory Outreach Program Role: Psychometrist

2014

**Client group:** Children residing in a remote First Nations community in Northern Ontario.

Supervisor:

**Activities:** 

Dr. Patricia Minnes, C. Psych.

- Conduct psychoeducational screening assessments to identify children who are at risk for cognitive and learning issues (administration, interpretation, and report)
- Create and deliver a presentation for local professionals and parents on Anxiety Management

Alan Lawrence Professional Psychology Corporation

**Role:** Psychometrist

Client group: Adults, St. Clair College students

2010-2015

Supervisor:

**Activities:** 

Dr. Alan Lawrence, C. Psych.

• Conduct psychoeducational assessments for college students (intake, administration, and report)

## **Program Evaluation Experience**

# Infant Mental Health Promotion and Kids Brain Health Network: Hand in Hand

2017 – present

Supervisors:

Dr. Valerie Kuhlmeier Dr. James Reynolds **Role:** Program Evaluator

**Description:** In collaboration with Elders and professionals in Indigenous communities, this research team has created *Hand in Hand*, a culturally sensitive screening and intervention model for infants and young children with developmental delays. This program provides parents with Developmental Support Plans, including activities designed to facilitate growth and mastery of early milestones. The research team plans to evaluate the implementation of this program in multiple Indigenous communities across Canada.

#### **Activities:**

- Collaborate with team to obtain ethics approval, write grant applications, establish research design
- Future: conduct data analysis and report results

# Belong Classroom (Section 23)

2015 - present

Supervisor:

Dr. Sian Phillips, C. Psych.

**Role:** Program Evaluator

**Description:** The Belong classroom is designed for children who have experienced trauma and/or Adverse Childhood Experiences using the principles of Dyadic Developmental Psychotherapy. A program evaluation was sought to examine potential changes in students' executive function.

#### **Activities:**

- Design outcome evaluation, obtain ethics approval
- •Collection and analyze of questionnaire data

**Role:** Program Evaluator

## Toronto Public Health: Make the Connection, 0-1

2012 - 2018

Supervisor:

Dr. Valerie Kuhlmeier

**Description:** Make the Connection is an attachment-focused parenting program for caregivers of infants under one year of age. It is provided for free to "at-risk" families in the Greater Toronto Area by Toronto Public Health, who sought an independent outcome evaluation.

#### **Activities:**

- Design outcome evaluation, obtain ethics approval
- Analyze data, report results in journals and agency reports
- Give presentations on research design and results

Role: Program Evaluator

# PREV-NET: Respect in Schools Module

2014

Supervisor: Dr. Wendy Craig

**Description:** The Respect in Schools Module aims to provide school staff (various positions) with the necessary skills to promote safe and supportive school environments. A formative evaluation was sought to provide feedback prior to implementation.

- Review and provide feedback on program content
- Create questionnaires to assess retention of program content

## **Other Relevant Work Experience**

Department of Psychology, Queen's University

**Role:** Teaching Assistant

2010 – year

**Description:** Teaching assistants provide instructional and learning support

for courses across various formats (lectures, seminars, online).

Courses include:

Supervisors:
Dr. Lee Fabrigar
Dr. Daryl Wilson
Dr. Valerie Kuhlmeier

Introduction to Psychology (2010-2011, 2016), Research Methods in Psychology (2012, 2015),

Comparative Cognition (2014),

Statistics in Psychology (2011, 2012, 2013)

Dr. Ron Holden

**Activities:** 

Dr. Valerie Wood Dr. Angela Howell-Moneta

- Lead tutorials, answer student questions
- Moderate online discussions
- Grade tests and assignments

### **Geneva Centre for Autism**

Role: Support Worker, Respite Program

2010

**Description:** Geneva Centre offers a variety of services to children with autism and their families, including an after-school respite program.

Supervisor:

Mr. Ulrich Jenson

#### **Activities:**

- Ensure the physical safety, dignity, and emotional well-being of children with autism
- Plan and lead structured activities
- Provide individual supervision and support during free time in the centre and on community outings
- Provide personal care related to hygiene, eating, and communication
- Manage behaviors in accordance with care plans using ABA techniques

## Victorian Order of Nurses Individual Support Work Program

**Role:** Support Worker

2010

**Description:** The Victorian Order or Nurses matches individuals with developmental disabilities with qualified support workers to assist with personal care, socialization, and community involvement

## Supervisor:

None (self-employed)

- Provide one-on-one support for an adolescent with ID
- Assist with minor personal care related to hygiene
- Plan and attend outings and activities in the community

## Salvation Army London Village Respite Program

2008 - 2010

Supervisors:

Mrs. Amy Schembri, Mr. Ray Boersma

**Role:** Support worker, Shift Supervisor

**Description:** A not-for-profit organization providing respite services to families with children, adolescents, and adults with developmental disabilities.

#### **Activities:**

- Ensure the physical safety, dignity, and emotional well-being of program participants with special needs
- Prepare meals, provide light medical care (administer medication, first aid etc.), and plan outings and activities for participants
- Attend to personal care needs of participants (assistance with bathing, washroom use, eating, etc.)
- Supervise of other staff

Role: Youth Worker & Researcher

• Complete incident reports and daily log book entries

## Learning Disabilities Association of Ontario, London Region

2007

Supervisor: Ms. Tracy Fawdry

on of Ontario

**Description:** A community agency providing educational and advocacy services to individuals with LD and ADHD.

#### **Activities:**

- Design and run a series of skills workshops, including Study Skills, Self-Advocacy, and Self-Esteem
- Provide outreach to vulnerable youth in the community through the Reconnect Alternative Education Program
- Provide consultation and tutoring for children and adolescents with LD and ADHD
- Review current research on learning disabilities, conduct program scan for available services in the community, and communicate findings within the agency via report
- Assist with the "Skills for School" day camp, including planning and supervising activities for children

# **Infancy Centre for Research, York University**

Role: Research Assistant

**Description:** A developmental research lab focusing on Theory of Mind abilities in infancy.

2009

Supervisors: Ms. Mariella Guiliano

Dr. Maria Legerstee

- Transcribe videotaped parent-child interactions
- Greet participants and accompany them to the lab
- Assist with delivery of experimental procedures

## **Supervision Experience**

Queen's Psychology Clinic, PSYC 952: Advanced Clinical Skills, Supervision in Psychology **Role:** Student Supervisor

**Description:** As part of a graduate level course, upper-year clinical students were matched with a Master's level student on placement at the Queen's Psychology Clinic to provide supervision of assessment(s).

2016

#### **Activities:**

Supervisor:

Dr. Tess Clifford

- Train a student on use and interpretation of the ADOS-2
- Provide supervision as the student conducts ADOS-2 assessments with three clients, including intake, administration, interpretation, report writing, and feedback
- Meet with the student to give and receive feedback on clinical skills and supervisory skills (respectively).

Social Cognition Group (formerly Infant Cognition Group), Queen's University **Role:** Graduate Student

2010 - present

**Description:** A developmental research lab focusing on social cognition and prosociality among infants, young children, and adults. Graduate students supervise undergraduate students as they complete an honors thesis and/or a research assistantship in the lab.

Supervisor:

Dr. Valerie Kuhlmeier

#### **Activities:**

- Lead coding teams to establish inter-rater reliability on behavioral measures
- Consult with undergraduate students on research design and statistical analysis
- Supervise informed consent procedures and participant recruitment.
- Provide students with feedback on written work and presentations

# **Research: Published Papers**

- O'Neill, A.C., Swigger, K., & Kuhlmeier, V.A. (2018). 'Make The Connection' parenting skills program: A controlled trial of associated improvement in maternal attitudes. *Journal of Reproductive and Infant Psychology*, 1-12. DOI: 10.1080/02646838.2018.1497779
- O'Neill, A.C., Kuhlmeier, V.A. & Craig, W.M. (2018). Examining the association between parenting and psychosomatic problems: self-esteem as a mediator across ages in early adolescence. *International Journal of Adolescence and Youth.* DOI: 10.1080/02673843.2018.1482771
- Della Cioppa, V., O'Neill, A. C. & Craig, W.M. (2015). Learning from Traditional Bullying Interventions: A Review of Research on Cyberbullying and Best Practice. *Aggression and Violent Behavior*, *23*, 61-68. DOI: 10.1016/j.avb.2015.05.009
- Kuhlmeier, V. A., Dunfield, K. A., & O'Neill, A. C. (2014). Selectivity in early prosocial behavior. *Frontiers in Psychology*, 5. DOI: 10.3389/fpsyg.2014.00836

## **Research: Conference Presentations**

- O'Neill, A.C., Swigger, K., & Kuhlmeier, V.A. (October, 2018). 'Make The Connection' Parenting Skills Program: A Controlled Trial of Associated Improvement in Maternal Attitudes. Poster presented at the Canadian Association of Paediatric Health Centres Annual Conference, Edmonton, Alberta Canada
- O'Neill, A.C., Swigger, K., & Kuhlmeier, V.A. (May, 2018). *Temperament-based Risk: Efficacy of Make the Connection Parent Training*. Poster presented at the Canadian Conference on Developmental Psychology, St. Catherine's Ontario, Canada.
- O'Neill, A.C., Kuhlmeier, V.A., & Craig, W.M. (May, 2018). *Parental Support and Psychosomatic Symptoms in Adolescence: Self Esteem as a Mechanism Across Ages*. Poster presented at the Canadian Conference on Developmental Psychology, St. Catherine's Ontario, Canada.
- O'Neill, A.C. (June, 2017). *Make the Connection parent training: program evaluation and implications for service provision*. Paper presented at the Canadian Psychological Association National Convention, Toronto, Ontario, Canada.
- O'Neill, A.C. & Swigger, K. (April, 2017). *Make the Connection 0-1: Development, implementation and evaluation of a parenting skills program.* Paper presented at the annual meeting of the National Institute on Infant Mental Health, Toronto, Ontario, Canada.
- O'Neill, A.C., Feldman, L., Swigger, K. & Kuhlmeier, V.A. (May, 2016). *Infant characteristics and promotion of sensitive responding: effects on parent-to-infant attachment.* Poster presented at the International Conference of Infancy Studies, New Orleans, Louisiana, USA.
- O'Neill, A.C., Feldman, L., Swigger, K. & Kuhlmeier, V.A. (2015). *Parent to infant attachment through the first year*. Poster presented at the biannual meeting of the Society for Research in Child Development, Minneapolis, Minnesota, USA.
- Kuhlmeier, V.A., O'Neill, A.C. & Dunfield, K. A. (2013, April). *Selectivity in early helping behavior*. Paper presented at the biannual meeting of the Society for Research in Child Development, Seattle, Washington, USA.
- O'Neill, A.C. & Kuhlmeier, V.A. (2013, April). *Similarity and group membership: influences on perception and behavior in toddlers.* Poster presented at the biannual meeting of the Society for Research in Child Development, Seattle, Washington, USA.
- O'Neill, A. & Kuhlmeier, V.A. (2012, June). *Reds and Blues: An examination of ingroup bias in toddlers*. Poster presented at the biannual meeting of the International Society for Infant Studies, Minneapolis, Minnesota, USA.

# Outreach, Knowledge Translation, & Volunteering

- •Volunteer, KEYS Refugee Resettlement Services Kingston (2017 present)
  Support a family from Syria who have recently immigrated to Canada, including social visits, language practice, access to community services, and assistance with practical activities
- Facilitator, Trauma-Informed Caregiving Workshop (2018)

  Content development and delivery of a workshop for counselors at Camp Outlook, a summer camp program for children in the care of Child and Family Services Kingston
- Facilitator, Clinical Psychology Outreach Program, Self-Care Workshop for Adolescents (2018)

  Content development and delivery of a workshop for students at Holy Cross Secondary School on the topic of self-care and wellbeing
- •Co-Organizer, Motivational Interviewing Training Workshop, Queen's University (2017)
  Arrange scheduling, registration, and facilities for a clinical skills workshop on Motivational Interviewing by Dr. Rachel Green (C.Psych) at Queen's University
- Facilitator, Brain Awareness Day, Queen's University (2013, 2014, 2015)

  Content development and delivery of workshops for elementary school students learning about neuroanatomy and brain function at Queen's university
- Facilitator, Science Rendez-Vous, Kingston Ontario (2012, 2013, 2015, 2016)

  Content development and guided participation for children and families learning about developmental psychology at a science outreach festival in Kingston, Ontario
- •Student Volunteer, Society for Research in Child Development Conference (2013, 2015)

  Provide administrative and IT support for speakers at an international conference for developmental researchers
- Facilitator, Science Quest, Queen's University (2012)

  Content development and workshop delivery for elementary school students learning about research in the area of developmental psychology
- •Student Co-Organizer, Social Perception Workshop at McMaster University (June 2011).

  Provide organizational and administrative support for a conference of academic researchers in the area of social perception

# **Awards**

- •R.S. McLaughlin Fellowship (2015-2016)
- •Queen Elizabeth II Scholarship in Science and Technology (2014-2015)
- •Queen's Graduate Award (2014-2015)
- •Ontario Graduate Scholarship (2013-2014)
- •Queen's Graduate Award (2012-2013)
- •Joseph-Armand Bombardier CGS Master's Scholarship (2011-2012)
- •Queen's Graduate Award (2010-2011)
- •York University Continuing Student Scholarship (2009-2010)
- •York University Entrance Scholarship (2005-2006)